



Be Inspired

WITH SUZANNE GLOVER

## SUZANNE GLOVER BIO

**SUZANNE GLOVER – Author, motivational speaker, hypnotherapist and actress is a personal development professional who inspires and ENCOURAGES YOU TO BECOME YOUR BEST!**

Suzanne has a unique approach to helping people because she mixes her background as a professional model and actress with effective hypnosis and positive thinking techniques to give extraordinary tools that work inside and out for better communication, presentation and a successful mindset.

Suzanne is one of those self help authors and presenters who is passionate about getting more out of life for herself and guiding others to do the same.

Like many personal development authors and their books, Suzanne focuses on enhancing confidence with a self esteem style of writing because she's always thinking about "how the reader" can improve his or her confidence by using Suzanne's tips for personal development. Suzanne's experience as a modeling – acting coaching and working with teens, has also equipped her to build a gentle style of writing and presenting that brings out everyone's inner talent.

As well as being an author, motivational speaker, hypnotherapist and actress, Suzanne is fast coming to be one of the new thought authors of today.

She not only writes about how our mental states bring forth our experiences in life through Infinite Intelligence, she also advocates using today's technological advances such as brainwave meditations and subliminal affirmations to help our physical bodies connect with our inner divinity. This also puts Suzanne into the realm of new age authors as she continually emphasizes how the mind, body and spirit are interrelated.

Becoming a self help author takes a lifetime of finding one's own power to overcome challenges and create successes. Suzanne has done that since an early age as she remembers discovering her inner strength when she earned enough money one summer in junior high to buy her first car... which came a few years later..., but through that experience, she learned she had the power to earn and save money. That successful mindset has stayed with Suzanne throughout her life and has been her "set point" for all her accomplishments since that summer.

Suzanne's life of accomplishments comes from her continued desire to re-invent herself and those around her. She offers an intuitive approach to finding answer within ourselves and believes that we all have the power to be our best!



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**THE EFFECTIVE POSITIVE THINKING PROGRAM** can be found at: [www.effective-positive-thinking.com](http://www.effective-positive-thinking.com)